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Helen Massy-Beresford

The Food Lover's Guide to Paris Helen Massy-Beresford, 2019-09-30 "A superb 'time out' kind of guide to the cafés, restaurants, bistros etc. . . . Essential reading for visitors to the city, brilliantly presented." —Books Monthly Paris may have enjoyed decades as the undisputed gastronomic capital of the world, but food revolutions in the likes of London and Copenhagen have challenged its reign in recent years. After a spell of complacency, Parisian chefs have had to up their game, with delicious results. This guide will show you where to sample the best of the French classics, from cozy bistros to swish brasseries, as well as where to check out the more recent innovations in the Parisian food scene: everything from high quality street food with a French twist, to newly-popular vegetarian restaurants, juice bars and locally brewed craft beers. The guide will also offer practical advice for making the most of your Parisian food experience like a local. "This book is an absolute delight to read. For those about to visit Paris, may I suggest that you pack a copy of this book in your luggage. The best 'foodie' book I have read in ages!" —For the Love of Books "With helpful tips about typical French mealtimes, tipping and etiquette, readers will be confident in choosing a place to eat that fits their expectations and their budget." —Cayocosta 72 "The first food book I ever read cover to cover in one day . . . Her descriptions are engagingly written and personal . . . easy, smooth and tempting reading." —Colleen's Paris

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