

# Triceps Brachii Muscle Insertion

VM Jensen

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wingspan by maylin tri coterie designs  
craft knitting category neck torso shawl  
wrap needles yarn us 7 4 5 mm yarn  
noro silk garden lite yarn noro silk  
garden sock colorway s301 dye lot d  
notes it started out as a wingspan  
shawl and soon it morphed into a vest

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patterns has been downloaded  
hundreds of thousands of times tens of  
thousands of wingspans have been  
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web jul 4 2017 there are four basic  
ways to knit a triangle top down point  
up wingspan down and side to side top  
down for a directional stitch pattern  
point up construction would give you

the correct stitch pattern orientation  
while wingspan down would flip it 180  
degrees as new stitches are added or  
removed on the ends of every row more  
pattern

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languages english german asymmetric  
bias reversible seamless short rows  
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yarn tri coterie sock mcn self striping  
yarn weight fingering 14 wpi needle

size us 4 3 5 mm yardage 361 465  
yards 330 425 m sizes available  
adjustable size asymmetric one piece  
reversible seamless short

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adaptations of my garter stitch shawl  
pattern with many thanks to all the  
creative knitters who interpreted it in  
their own way the pattern is available  
at ravelry com see more ideas about  
garter stitch shawl pattern pattern  
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Oct 06 2023

web apr 27 2019 wingspan combines  
intermediate level knitting techniques  
such as increases decreases cables and  
short rows to give it the look and feel of  
feathers whether you are knitting it for

yourself a friend or a family member

the future recipient is